

## *Sending our very best wishes for a Happy St. Patrick's Day!*

As we watch conflict erupting around the globe, I am reminded of my Heritage which has a long history of conflict. In my personal life, as the eldest child in an Irish-Catholic family of ten, I am grateful for the conflict resolution skillset I acquired and developed, albeit out of necessity! (I have 6 sisters!!) In my professional life, as an attorney/mediator for 36+ years (Yikes & Ouch!!), I am honored to provide conflict resolution, problem solving and strategic planning services to families through mediation, arbitration and other conflict resolution techniques. I am blessed to work with and train attorneys, mental health professionals and families on how to approach the adversarial legal system given the personalities and relationship issues that become larger than life when people are in conflict. Our mission is to be of service that helps people deal with difficult issues with tact, grace, and--when necessary--a bit of blarney!



As a special St. Patrick's Day treat, we would like to share Brigid's award-winning Irish Soda Bread recipe with you and your family! Watch Brigid's instructional video and make her Irish Soda Bread (and call it your own!) We include a Tradition and a Blessing as we send you best wishes for a safe holiday below!

### *Brigid's Irish Soda Bread - Instructional Video*



**The Recipe:**  
4 cups of flour

1 cup sugar  
2 tsp. Each, baking soda, baking powder  
1/4 tsp salt  
1/3 cup unsalted butter, (5 1/3 T)  
1 egg slightly beaten  
1 1/3 cup buttermilk\*  
2 cups raisins (soak raisins overnight)  
2 tablespoons butter (melted)  
3 tsp. sugar

Preheat oven to 350 degrees. Grease 9" baking pan.

Combine flour, sugar, soda, powder salt in a large bowl. Take butter and knead through flour mixture. In small bowl, lightly beat the egg and add buttermilk and raisins. Add the buttermilk mixture to the flour mixture. Stir or knead. Place in baking pan. Cut an X across the top of the loaf, and drizzle melted butter over bread. Sprinkle sugar over bread. Bake 40-60 minutes, until golden brown.

*\* (or add 1 T lemon juice or vinegar to milk to make 1 cup; let stand for 5 minutes)*

*If you split the batter in half, it works perfectly in two 6" cake pans!*

Please enjoy a Tradition and a Blessing as we send you best wishes for your holiday!

#### *A Tradition...*

Every year, on the eve of St. Patrick's Day, leprechauns visit the home of all good Irish Boys and Girls. The leprechauns come, spreading their mischief and free spirits throughout the house. The Leprechauns are quick, they are in a hurry and they are racing to keep their pots of gold full!

Unbeknownst to the children, the pots are full of gold coins...usually chocolate filled, which spill everywhere the leprechauns scurry...In their haste to get to the rainbow, gold coins are scattered around and left for the children to find when they awake in the morning.

The spunky leprechauns may turn over coffee tables and chairs. Perhaps they toss a magazine or two on the floor during their escapades. Fortunately, the chaos they create is equal to the amount of energy either the children or Mom and Dad have to pick it all up!!!

#### *An Irish Blessing...*

*May God be with you and bless you,  
May you see your children's children,  
May you be poor in misfortunes and rich in blessings,  
and May you know nothing but happiness from this day forward.*

## Events Calendar

**March 24, 2022**

**8th Annual**

**Lawyers Lending A  
Hand/DuPage Employee  
Competitive Blood Drive**

Mobile Coaches @  
DuPage County Courthouse  
505 S. County Farm Rd.  
Wheaton  
8:30 am-3:30 pm

Sign up at  
[www.versiti.org/IL](http://www.versiti.org/IL)

#### **Questions? Contact:**

Haley Olson  
[holson@dcba.org](mailto:holson@dcba.org)

\*\*\*\*\*

**April 8, 2022**

**DCBA / DBF**

**Memorial Service for  
Members Who Have Passed  
Away in the Past 2 years.**

Attorney Resource Center  
126 S. County Farm Rd.  
Wheaton, IL  
11:30 am - 1:30 pm

#### ***RSVP or Questions? Contact:***

Robert Rupp  
[rrupp@dcba.org](mailto:rrupp@dcba.org)



---

*"Wherever you go and whatever you do, may the luck of the Irish be there with you." - Irish Proverb*

***The Law Office of Brigid A. Duffield, P.C. wishes you a spectacular St. Patrick's Day filled magic, traditions, good luck and of course, God's Grace!***

**Brigid A. Duffield**  
Attorney/Mediator/Speaker/Author  
The Law Office of Brigid A. Duffield, P.C.  
630.221.9300  
brigid@brigidduffield.com  
www.brigidduffield.com

*Attorney Disclaimer: This email is general information only and should not be construed to be formal legal advice or the formation of an attorney/client relationship.*